



RYAN
INTERNATIONAL ACADEMY



 **SCHOOL**
Connect **July 2025**
Grades I to VIII

From the Principal's Desk

The Power Of Reading: Cultivating Lifelong Learners

In today's fast-paced world, where information flows constantly through digital media, the simple joy of sitting with a book in hand remains timeless. Reading is not only an essential skill but also a lifelong companion that nurtures imagination, empathy, and intellectual growth. At Ryan International Academy, Sarjapur, we believe that reading forms the foundation of every learner's journey, equipping children not just with knowledge, but with the wisdom to apply it meaningfully in life.

Books are more than printed pages; they are windows to worlds we may never see and voices we may never hear otherwise. A child who reads regularly learns to think critically, dream courageously, and communicate effectively. Reading strengthens vocabulary and comprehension, but it also builds resilience and patience—qualities that help students thrive academically and personally.

This year, our school proudly launched the **"15 Books Campaign"**, an initiative designed to inspire every student to commit to reading at least fifteen books across diverse genres within the academic year. The aim is to move beyond textbooks and introduce learners to biographies, classics, science explorations, historical narratives, and contemporary literature. By doing so, we hope to nurture curiosity, broaden perspectives, and instil the joy of independent learning.

The campaign is not about the number alone—it is about cultivating a lifelong habit. Through book reviews, reading challenges, library sessions, and interactive discussions, we

Let us remember: readers today become leader's tomorrow. Together—as educators, parents, and students—let us keep the flame of reading alive, for in the quiet company of books, our children will find not only knowledge but also inspiration to shape their future.

**- Ms. Sripurna Sharma,
Principal, RIA Sarjapur**





Chief Editor

- Ms. Sripurna Sharma, Principal

Editorial Committee:

Primary

- Ms. Mini Regin
- Ms. Tripti

Thought of the Month

**“Keep your face to the sunshine
and you cannot see a shadow.”**

-Helen Keller

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15 Books Campaign Grades I to VIII

Ryan International Academy, Sarjapur, launched its "15 Books Campaign" on 4th July 2025, an initiative designed to cultivate a lifelong love for reading among students. The event, hosted by student anchor Lasya, welcomed Ms. Roma Joshi, a seasoned academic strategist, and a budding author as the Chief Guest. Head Boy Namish and Counsel Member Sanvika extended a warm welcome to Ms. Joshi with a thoughtful gesture, presenting her with a card, a badge, and a beautiful bouquet. The ceremony commenced with traditional prayers, scripture readings, and a worship session. Ms. Joshi was warmly welcomed during the welcome speech in four different languages: English, Hindi, Kannada, and German. Students Tanvi and Tamanna from Grade VI & VII eloquently presented the campaign's vision, highlighting reading as a vital tool for personal development, in line with Chairman Sir Dr. A. F. Pinto's overarching mission.

A highlight of the day was the "Literary Time Travel Parade," where the students enthusiastically embodied iconic literary figures such as Shakespeare, Jane Austen, and Mark Twain, celebrating the timeless appeal of storytelling. The event also recognized young authors and high achievers from the 2024-25 campaign for their significant contributions in completing the mission of reading 15 books. Ms. Joshi delivered an inspiring address, encouraging students to pursue literature with passion. She also engaged in a delightful interaction with all the students, further motivating them to embrace the joy of writing. She then officially inaugurated the "15 Books Campaign" for the Academic Year 2025-26. The ceremony concluded with a vote of thanks, followed by the school and national anthems. The "15 Books Campaign" represents a significant stride by Ryan International Academy in fostering inquisitive minds and nurturing future leaders.



EVENT

First aid and Fire Safety

Ryan International Academy, Sajapur, successfully conducted a comprehensive First Aid and Fire Safety Training session for the academic and non-academic staff of the school on 5th July 2025. The session was organized by Health Basic, a well-known organization committed to promoting health and safety awareness. The training was conducted by Mr. Muruthi Raj, a seasoned expert in the field of emergency response and safety education. The primary objective of this training was to equip the school staff with the essential skills and knowledge required to handle medical emergencies and fire-related incidents efficiently and confidently. Mr. Raj began the session by introducing the basics of first aid, emphasizing its importance in preserving life, preventing the condition from worsening, and promoting recovery until professional medical help arrives. He elaborated on the immediate steps to be taken in cases of bleeding, burns, fractures, fainting, and other common injuries that may occur within the school premises. Following the first aid segment, the session progressed into fire safety training. Participants were sensitized to the causes of fire, preventive measures, and appropriate actions during a fire emergency. Mr. Raj provided a detailed explanation of the different types of fire extinguishers and their specific uses. Demonstrations were also carried out to familiarize the staff with operating fire extinguishers, along with the standard procedures for safe evacuation. The training session was both informative and interactive. Participants actively engaged with the trainer, clarifying doubts and participating in hands-on demonstrations. The initiative not only enhanced the confidence of the staff in managing unforeseen emergencies but also strengthened the school's commitment to ensuring a safe and secure environment for students and employees alike.



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Overall, the First Aid and Fire Safety Training proved to be a highly beneficial experience, reinforcing the importance of preparedness and safety awareness in an educational institution.

Workshop on Importance of Physical Activity - Grade V & VIII

Ryan International Academy, Sarjapur, successfully conducted an engaging training program on the topic "Importance of Physical Activity." The session aimed to create awareness among students about the significance of staying physically active for a healthy lifestyle. The training was interactive, with students actively participating, asking questions, and showing keen interest throughout the session. The discussion covered key aspects of how regular physical activity benefits the body and mind, improves concentration, builds stamina, and enhances overall well-being. The session concluded with a recap of key points and a short reflection activity, helping students internalize the importance of maintaining a physically active routine.

How to Handle Children with Special Needs

Ryan International Academy, Sarjapur, successfully conducted a training session on the topic "How to Handle Children with Special Needs" for all blue-collar staff. The session was led by the school's Special Educator and focused on spreading awareness, building sensitivity, and equipping the staff with basic strategies to support children with special needs. The training was highly interactive and informative. Various real-life challenges faced by staff while dealing with such children were discussed, and practical solutions were provided. The session created a safe space for the participants to



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express their concerns and gain clarity on how to respond effectively in difficult situations. The program was well-received and marked an important step toward making the school environment more inclusive and supportive for every child.

Mock Fire Drill

On 10th July 2025, at precisely 11:25 AM, a mock fire drill was successfully executed at Ryan International Academy, Sarjapur. The drill was initiated to test the school's emergency response plan and to train students and staff on proper evacuation procedures. The fire alarm was sounded, signaling the start of the exercise.

Students and teachers, adhering to pre-defined protocols, calmly and swiftly evacuated their respective classrooms. They formed orderly lines and proceeded to the designated assembly point on the school ground. The entire evacuation process was completed in an impressive 2 minutes and 10 seconds, a testament to the school community's readiness and discipline.

Upon assembly, a head count was conducted to ensure all individuals were accounted for. Following the roll call, a representative from the school's safety committee addressed the gathering, reinforcing the importance of staying calm and following instructions during an actual emergency. The drill concluded with a debriefing session for staff to discuss areas of improvement.

The exercise was deemed a resounding success. It not only demonstrated the school's preparedness but also provided valuable practical experience for everyone involved, ensuring a safer environment for the entire school community. The drill served as a crucial reminder of the importance of vigilance and proper emergency protocols.



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Internship in the Health Care Sector Grade VII & VIII

Ryan International Academy, Sarjapur successfully conducted an internship program in the healthcare sector for students of Grade VII & VIII. As part of the school's focus on experiential and career-oriented learning, the students visited Rainbow Children's Hospital to gain first-hand exposure to the functioning of a modern pediatric healthcare facility.

During the visit, students were warmly welcomed by Dr. Rajath Athreya and his medical team. Dr. Athreya and his team addressed the students and shared detailed insights into the hospital's various departments, such as:

- ICU (Intensive Care Unit)
- NICU (Neonatal Intensive Care Unit)
- Pediatric Emergency Unit
- General Pediatric Ward

The guided tour helped students understand how different units function and the importance of precision, hygiene, and care in a child-centered hospital environment.

One of the highlights of the visit was a career guidance session conducted by Dr. Athreya and his team. They discussed how one can pursue a career in the medical field, educational qualifications required, and the career growth path in pediatrics and related fields. Students were highly engaged and asked thoughtful questions regarding different roles and responsibilities in a hospital setup.

This internship experience not only broadened the students' perspective on healthcare but also inspired many to consider careers in medicine and allied health sciences. The exposure to real-life medical environments and professional



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insights proved to be deeply educational and motivational.

After the internship, students filled out a reflection form. They shared that they learned about the life and journey of doctors, the code words used during emergencies, and how doctors work as a team to save lives. They also explored different medical equipment, saw how doctors handle critical situations, and realized how challenging and responsible the job is. Students understood that becoming a doctor takes hard work, learning, and dedication. They also discovered that the healthcare field has a wide scope and opportunities.



Open Art Competition

On 22nd July 2025, Ryan International Academy hosted a vibrant art competition for all students from Grades I to VIII. The campus was abuzz with creativity as young artists explored various mediums and themes. Participants from Grades I to III showcased their imaginative flair through freestyle wax crayons, mermaids, and doodle art, filling the pages with cheerful colors and whimsical designs. Older students in Grades IV to VIII demonstrated remarkable skill and precision with intricate Madhubani and Mandala art, along with classic sketching and landscape paintings. The event was a beautiful display of diverse artistic talents, from the bold strokes of watercolor to the delicate lines of detailed illustrations. It was a day of artistic exploration and expression, celebrating the unique creativity of every child at Ryan International Academy.

A value based skit on Unity

On 28th July, the students of **Grade VI** at Ryan International Academy, Sarjapur,

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presented a powerful skit titled **"In Unity, There is Strength."** The performance brilliantly highlighted the importance of speaking up against injustice and the power of working together for what is right.

The story, set in a small hotel, follows a young boy named Golu who is exploited by the hotel owner. The owner, who employs only children, takes advantage of their age to underpay them and maintain control. Initially, the customers are hesitant to intervene, but a single thoughtful customer decides to speak up. This act of courage inspires others to join in, and their collective voices eventually force the owner to confront his actions. The skit concludes with the owner's promise to support the children and reunite them with their families.

This moving performance taught the audience valuable lessons about courage, kindness, and the strength found in unity. The students effectively showed that one voice can spark a movement, but many voices can create real, lasting change. The skit ended with a poignant and powerful message: **"There is strength in standing together. When we unite, we create a better, safer world for everyone."**

Young Sudha – School Championship - Grade III

The Young Sudha Championship, a public speaking competition, recently captivated students from **Grade III 'A' & 'B'**. Each participant was given 2 minutes and 30 seconds to present on a topic close to their hearts: an indoor activity they enjoy with their family. The students' presentations showcased a wide range of engaging activities, from the collaborative art of cooking and baking to the intellectual challenges of **solving puzzles and science experiments.**



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A key highlight of the event was the active involvement of parents, who helped their children compile compelling presentations. The presentations, which included slides filled with photographs, beautifully illustrated the children's experiences and strengthened the bond between family members. This parent-child collaboration was evident in the confident and enthusiastic manner in which the children spoke.

Following the initial group championships, a selection of talented students advanced to the school-level championship. The grand finale was a huge success, with one deserving winner being announced. The event was a testament to the students' hard work and confidence, and it was a pleasure to have Principal Ms. Sri Purna Sarma and Academic Coordinator Ms. Mini Regin in attendance. Their presence, along with the enthusiastic support of the parents, made the Young Sudha Championship a memorable and enriching experience for all involved.

Young Tagore - School Championship - Grade V

The Young Tagore Championship for Grade V 'A' & 'B' was a resounding success, fostering a love for literature and public speaking among the students. The competition, held recently, saw enthusiastic participation from every child, who each had four minutes to present on their favorite book.

The topics were diverse and engaging, ranging from classic tales like **"Charlie and the Chocolate Factory"** and the adventurous world of **"Harry Potter,"** to inspirational autobiographies such as **"Wings of Fire,"** and popular graphic novels like **"Dog Man."** Students also presented on **"One Light Many Lamps,"** showcasing a variety of literary tastes.



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A key highlight was the active involvement of parents, who helped their children compile compelling presentations. The use of pictures and visuals in the PowerPoint presentations added a dynamic and creative element to each speech.

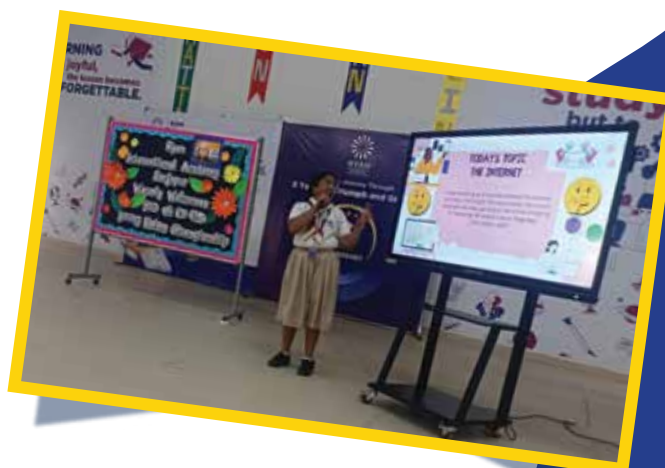
Following the group championships, the top performers were shortlisted to compete in the final school championship. The event was a testament to the students' hard work and confidence. The final round was attended by proud parents, Principal Ms. Sri Purna Sarma, and Academic Coordinator Ms. Mini Regin, who all celebrated the students' achievements. A single winner was announced, concluding a memorable and enriching literary competition. The Young Tagore Championship successfully celebrated the power of storytelling and the confidence of young speakers.

Young Kalam – School Championship Grade VII

The Grade VII Young Tagore Championship, held on 31st July 2025, provided a platform for students to showcase their public speaking skills and innovative thinking. Each participant had four minutes to present on the topic, "An object around which adds meaning to our lives." The championship saw a remarkable range of topics, from cutting-edge technology to everyday household items.

Students presented on objects like drones, reusable launch vehicles for rockets, and the hyperloop train, demonstrating a keen interest in advancements shaping our future. Other presentations on the mosquito bat, garbage segregator machine, and air conditioners highlighted the importance of practical innovations in our daily lives.

The event was a true collaboration, with parents playing a crucial role in compiling



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engaging PowerPoint presentations that featured relevant pictures. This partnership between home and school helped students deliver well-structured and visually appealing talks. After the group championships, a final school championship was held to determine the overall winner.

The final round was a special occasion, graced by the presence of parents, Principal Ms. Sripurna Sarma, and Academic Coordinator Ms. Mini Regin. The event was a resounding success, fostering confidence, critical thinking, and a sense of community among the students. It celebrated not just the winning presentation, but the courage and creativity of every participant who took the stage.

Activities

The Doctor's Day Mont to Grade VIII

Ryan International Academy, Sajapur, successfully conducted a vibrant and heartfelt Doctor's Day celebration on 1st July 2025. The event was organized for students from Montessori to Grade VIII, aiming to honour the dedication and service of doctors in our society.

The highlight of the event was the presence of Dr. Rajath Athreya, who graced the occasion as the Guest of Honour. The program began with a warm welcome, followed by the badging ceremony and welcome card presentation by our young students.

Dr. Athreya was felicitated by the school authorities for his exemplary contribution to the medical field. A student from the primary wing delivered an inspiring speech on the importance of Doctor's Day, appreciating the tireless efforts of healthcare professionals.



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In his address, Dr. Rajnath Athreya shared valuable insights into the medical profession and motivated the students to lead healthy lives and develop empathy and service-mindedness.

A thematic dance performance by the students added a touch of cultural expression and enthusiasm to the event. The celebration concluded with a vote of thanks, extending gratitude to Dr. Athreya, all participants, and the organizing team.

The program was a beautiful blend of respect, creativity, and gratitude, instilling a deep sense of appreciation in students for doctors and their indispensable role in society.

For Grade I & II, a "Show and Tell" introduced the topic by exploring who a doctor was and what they did. Students in Grade III & IV demonstrated their understanding through an essay on the importance of doctors in society. Finally, students in Grades VI to VIII expressed their gratitude with a letter-writing campaign, drafting sincere messages to thank doctors for their selfless service.

Ryan Sir's Birthday Celebration Grades III to VIII

The students and staff of Ryan International Academy, Sarjapur, came together on 8th July 2025, to celebrate the birthday of their CEO, Ryan Sir. The campus was filled with a festive and celebratory atmosphere as students honored their leader's vision and contributions.

The younger students from Grade III & IV took the lead in the celebrations. They showcased their artistic talents by creating a vibrant collage card, filled with heartfelt



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messages and wishes for Ryan Sir. In a touching tribute, these students also performed a role-play that depicted key moments and achievements from his life. This creative presentation allowed them to learn about and appreciate the journey of their school's founder in an engaging and memorable way.

For the older students in Grades VI to VIII, the celebration was marked by an insightful speech competition. The theme, "Leadership Lessons from Our CEO," encouraged students to reflect on the qualities and principles that have guided Ryan Sir's success. The participants delivered powerful and inspiring speeches, highlighting lessons of perseverance, innovation, and dedication. This event not only honored Ryan Sir but also instilled valuable leadership qualities in the students themselves.

The day was a beautiful blend of creativity, respect, and learning, truly embodying the spirit of the Ryan International Academy community. It was a fitting tribute to a leader who has inspired countless individuals.

Environment Week Grades III to VIII

Ryan International Academy, Sarjapur, celebrated Van Mahotsav with great enthusiasm and a strong spirit of environmental responsibility. The week-long celebration aimed to raise awareness about the importance of trees and encourage students to take active steps toward protecting and preserving the environment. The celebration began with an inauguration ceremony graced by Mr. V. P. Krishna as the special guest. He was warmly welcomed with a badge and a plant sapling, symbolizing respect and environmental care. The program featured a vibrant cultural dance by the students, along with powerful slogans promoting tree plantation and ecological awareness. Their enthusiastic performances



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reflected their deep commitment to the green cause. Mr. V. P. Krishna interacted with the students and addressed the gathering, emphasizing the crucial role trees play in sustaining life. He inspired everyone to adopt eco-friendly practices and become active participants in creating a greener future. To reinforce the message of Van Mahotsav, a massive plantation drive was conducted throughout the week at different venues within the school premises:

Main Entrance Plantation (Total - 73 Plants)

- **1st July 2025 - 10 Plants**
3 Guavas, 3 Java Plums, 2 Mangoes, 2 Jackfruits
- **2nd July 2025 - 15 Plants**
5 Guavas, 2 Java Plums, 5 Mangoes, 3 Jackfruits
- **3rd July 2025 - 15 Plants**
2 Guavas, 5 Java Plums, 3 Mangoes, 5 Jackfruits
- **5th July 2025 - 15 Plants**
5 Guavas, 5 Java Plums, 3 Mangoes, 2 Jackfruits
- **6th July 2025 - 18 Plants**
5 Guavas, 5 Java Plums, 5 Mangoes, 3 Jackfruits

Backside of New Building & Near Basketball Court (Total - 100 Plants)

- **7th & 8th July 2025 - 100 Plants**
25 Custard Apples, 25 Guavas, 25 Java Plums, 25 Mangoes

In total, 173 plants were planted during the Van Mahotsav celebration, marking a strong step toward creating a greener and healthier environment.

Mr. Krishna has presented seeds balls to all the class monitors as a symbolic gesture to



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encourage continued responsibility toward nature and also helped them to understand the process of making the seed balls. This initiative aimed to inspire students to nurture plants at home and remain connected to the environment. The entire week beautifully blended awareness, action, sportsmanship, and sustainability, instilling a sense of pride and responsibility among both students and staff. The event concluded with a heartfelt pledge to protect the environment and carry forward the message of Van Mahotsav — “Each One, Plant One.”



Maths Activities Grade II 'A'

Our enthusiastic students of Ryan International Academy, Sarjapur, actively participated in an exciting Maths Lab Activity designed to strengthen their understanding of addition with and without regrouping.

The young learners were grouped in twos and used number cards to form 2-digit numbers. Each round turned into a fun and friendly competition as the students added two 2-digit numbers and compared their sums. The student with the highest sum earned a point for that round. With five engaging rounds, the room was buzzing with energy, curiosity, and teamwork!

This hands-on activity not only helped reinforce key addition concepts but also encouraged mental math, logical thinking, and peer learning in an enjoyable and stress-free manner. It was a wonderful way to combine play and learning, helping students gain confidence in math through real-life application.

Activities like these are part of our continuous effort to make learning meaningful, interactive, and joyful. Well done, Grade II 'A' champions! Keep counting and keep shining!



Academic Activities

Hindi Activity Grade I 'A', 'B' & 'C'

This engaging Hindi language activity focused on enhancing students' recognition and understanding of vowels (स्वर) and consonants (व्यंजन), along with basic word formation. The core of the lesson involved hands-on learning using Hindi letter blocks, complemented by a whiteboard for reinforcement. To begin, the teacher briefly reviewed Hindi letters and then demonstrated how to form simple words using the blocks. Students, working in pairs, each received a box of letter blocks. They were encouraged to pick out letters and construct words, actively reading them aloud as they went. This interactive method helped students identify and differentiate between swar and vyanjan, ultimately enabling them to confidently create two-letter words.



Safety and first Aid Game - Grade V

Grade V students recently participated in an engaging and highly beneficial experiential learning activity centered around safety and first aid. The session took the form of a dynamic game titled '**Safety and First Aid,**' which allowed students to explore a variety of hypothetical health situations in an interactive and hands-on manner. This immersive experience went beyond theoretical knowledge, enabling them to actively learn and practice appropriate **first aid measures** for different emergencies. Through this practical engagement, students developed a crucial understanding of the importance of **quick and correct responses** during accidents. The activity not only fostered a sense of responsibility but also equipped them with vital skills that could prove invaluable in real-life scenarios, empowering them to act confidently and effectively when faced with unexpected injuries or medical situations.



Academic Activities

Food Pyramid - Grade III

Grade III students recently embarked on a fantastic hands-on learning adventure, constructing their very own **food pyramid models**. This interactive activity saw them meticulously assembling the pyramid structure and then carefully sticking **stickers of various food items** onto the appropriate sections. As they placed fruits, vegetables, grains, proteins, and dairy in their designated spots, they intuitively grasped the fundamental concepts of **balanced diet** and **food groups**. The visual representation solidified their understanding of which foods should be consumed in larger quantities and which in moderation. The joy on their faces was evident as they proudly took their completed models home, a tangible reminder of their learning. This personalized takeaway serves as a constant prompt, encouraging them to make healthier food choices and maintain a balanced diet in their daily lives.



Integer - Grade VII

Grade VII students recently dove into a lively and educational **dice-throwing game** aimed at solidifying their grasp of **addition and subtraction of integers**. This engaging, hands-on activity saw students working collaboratively in **small teams**, fostering both individual learning and teamwork. The rules were simple yet effective: each student took turns rolling two dice. Crucially, **one die represented positive integers, while the other represented negative integers**. After each roll, students had to quickly **add or subtract the integers** shown and correctly calculate the result. To amplify the excitement and encourage accurate calculations, a **scoring system** was implemented, transforming the learning experience into a friendly competition. This interactive approach not only made abstract integer concepts more concrete but also built confidence in solving these fundamental mathematical operations.



Innovation Aacademy

From Montessori to Grade VIII, students engaged in hands-on science and engineering projects. Montessori III built a Magnetic Car to learn about magnetic poles, while Grade I created a Weather Station to understand how barometers, rain gauges, and wind vanes work. Grade II students explored hydraulics with a Hydraulic Arm, and Grade III studied sustainable farming by building Hydroponic Plant systems.

As students progressed, their projects became more complex. Grade IV built a Wireless Control with a Relay to learn about remote automation. Grade V explored high-voltage electricity with a Tesla Coil, and Grade VI built a Faraday's Flashlight to discover how movement generates electricity. Grade VII students created a Piezoelectric Energy Harvester to convert mechanical pressure into power. Finally, Grade VIII designed an Automatic Water Dispenser for pets, integrating sensors and circuits to solve a real-world problem.

These projects not only introduced students to key scientific principles but also developed their problem-solving and critical-thinking skills. They connected theoretical knowledge to practical applications, inspiring a deeper interest in STEM and innovation.





The **Star of the Week** is a wonderful initiative at Ryan International Academy, celebrating the unique qualities and achievements of our students from Montessori I to Grade IV. Each week, one child from every class is chosen as the "Star," a special recognition that fosters confidence and a sense of community.

The chosen student's parents are invited to the classroom to have an engaging interaction with the students, where they share heartwarming stories and talk about their child's personality, hobbies, and strengths. This interaction not only makes the star student feel special but also helps build a strong connection between the parents, teachers, and the rest of the class.

To make the experience even more memorable, each Star of the Week receives a personalized poster to fill out. The child proudly pastes their picture and shares their favorite things, from their cherished color and food to their preferred sport and dream travel destination. This colorful and creative poster is then displayed outside the classroom for the entire week, allowing the whole school to celebrate and get to know our shining star a little better. It's a truly heartwarming concept that highlights the individuality of each child.



Health, Safety and Child Protection (HSCP) Practices



Puberty and Menstrual Hygiene Awareness and Counselling Session

As part of our ongoing commitment to Health, Safety, and Child Protection (HSCP), a series of awareness alerts were shared with students, parents, and staff throughout July 2025.

On 7th July, Vice Caption Bhavdeep addressed Parental Stress, offering insights on managing stress for a healthier home environment.

On 14th July, Caption Lasya encouraged the community to “Slow Down to Connect”, highlighting the importance of mindful communication.

This was followed on 21st July by Vice Caption Bhavdeep’s session on Understanding Adolescence, focusing on empathy and guidance during teenage years. The month concluded on 28th July with Caption Lasya’s alert on Positive Parenting Approaches, empowering parents to raise confident, healthy, and happy children.

These weekly HSCP alerts serve as a vital platform to promote awareness, safety, and emotional well-being within our school community.



Students Speak



The Day That Shook the Sky

When I first heard about the Air India plane crash, I didn't know how to feel. It was shocking and scary. The plane had 242 people in it—mothers, fathers, children, even pilots and crew. It crashed just after take off, into a hostel building near a medical college. Only one person survived. Just one. His name was Vishwash Kumar Ramesh.

I felt so sad for everyone who was on that plane, and even for the students and others who were on the ground. One boy my age, just 14, was sleeping near a tea stall and didn't survive. That hit me the most. I kept thinking—it could have been any of us.

I did fly after that crash, and I was really nervous. As the plane took off, my heart was beating fast. I held onto the armrest tightly and closed my eyes. I thought about those people and said a little prayer for them. I also hoped that the pilots and crew checked everything properly.

I think airlines need to be more careful. Every switch, every button matters. Lives depend on them. I hope something like this never happens again.

This wasn't just news. It was something that made me feel really sad and scared. And I'll always remember it whenever I see a plane in the sky.

**- Aaradhya Vimal,
Grade VI 'A'**





Why Sit Still and Rust, When You Can Dance and Shine?

In today's fast-paced digital world, many of us spend hours glued to screens, sitting still and letting our bodies grow stiff and tired. We forget that movement is not just important — it's essential for our physical and mental well-being. The phrase "Why sit still and rust, when you can dance and shine?" reminds us that inactivity wears us down, while dance brings us to life.

Dance is more than just an art form; it's a full-body workout, a stress reliever, and a source of pure joy. It helps improve flexibility, strength, and coordination while boosting heart health. But beyond the physical benefits, dance lifts our mood, calms the mind, and helps us express emotions that words can't capture.

While sitting too long can lead to health problems like obesity, heart disease, and poor posture, dancing encourages a lifestyle full of motion, energy, and positivity. It doesn't require a gym membership or fancy equipment — just music, space, and the willingness to move.

Whether you're a professional or just dancing in your room, every step you take helps your body shine and your spirit glow. So instead of rusting in stillness, rise, move, and let dance awaken the best version of you.

Move your body. Free your mind. Dance, and let yourself shine.

**- Ms. Remya Nair,
Dance Teacher**



PARENT'S CORNER

The Importance of School Community

A strong school community plays a vital role in shaping the educational experience of students. It fosters a sense of belonging, support, and connection among students, parents, teachers, and staff. When students feel connected to their school community, they are more likely to be motivated and engaged in their studies. A school community provides numerous benefits, including improved academic performance, increased sense of belonging, and a support system for students, parents, and teachers. Students who feel supported and connected to their school community tend to perform better academically and have better social skills. Parents and teachers also benefit from a strong school community, as it provides opportunities for collaboration and support. Building a strong school community requires effort and dedication from all stakeholders. Parents, teachers, and students can work together to create a positive and supportive school environment. This can be achieved through parent-teacher associations, school events, and volunteer opportunities. By working together, we can build a strong school community that supports the success of all students. In conclusion, a strong school community is essential for students' academic and personal growth. It provides a sense of belonging, support, and connection among students, parents, teachers, and staff. By prioritizing school community, we can create a positive and supportive environment that benefits everyone involved.

- Ms. Shruthi,
Parent of Shivansh Vishnu - Grade III

Upcoming Events

- Friendship Day
- Independence Day
- Rakshabandhan
- ISRO Day
- Founders Day
- National Sports Day
- Blue Day

